



11th Anniversary East Wind Membership Conference

Maria Navarro, Local President

*** FOREVER UNION, IT IS A NEW DAY ***

December 20, 2019

Happy New Year to all Local 870 School District Members,

It is with great excitement that, Suffolk Educational Local 870 President, Maria Navarro, together with The Navarro Team of Local Officers and CSEA's Long Island Region One President, Nick LaMorte are proud to invite you, our CSEA Local 870 School District **members ONLY** to participate in our

11th Annual School District Membership Conference

Date: February 8, 2020 (Saturday) Time: 9:00 am - 2:00 pm (Registration tables open at 8:30)

Location: East Wind Inn/Spa Conference Center, Wading River, NY 11792

In addition to the educational workshops, there will be information tables, member benefit vendor displays, raffles gifts & much more. *The entire conference, including lunch, is FREE. So, bring a Co-worker!*

Be sure to bring extra \$\$\$ for awesome raffle gifts for our Chinese Auction to support our graduating seniors of school district members Scholarship awards.

\$20 will get you 52 raffle tickets towards our wonderful variety of raffles.

Also, we will be doing a special raffle with a great prize to support the St. Jude Children's hospital Foundation.

Everyone loves a 50/50 which proceeds will go to Long Island Head Start.

RESERVATIONS ARE REQUIRED! Registering is easy.... Just review the enclosed workshop descriptions,

***Please choose a workshop * Complete the enclosed pre-registration form and return it to the address indicated on the form;
NO LATER THAN January 18, 2020**

REGISTER EARLY: ONLY THE FIRST 600 PEOPLE WILL BE ACCEPTED.

Return the completed Pre-Registration form today. Remember, the more information you learn concerning your union, the stronger our union will remain! So, why not gather your fellow CSEA members, carpool, and enjoy a wonderful, stress free day with fellow School District Local 870 members at no cost to you.

We hope you will join us and participate in Our 11th Annual Local 870 Membership Conference.

Thanks for all you do!

Together we make a difference!

In the Spirit of Teamwork,

*Maria Navarro
Local 870, President*

*Local 870 Officers
Steve, Ed, Larry, Vicki*

*Nick LaMorte
Region ONE President*

Suffolk Educational LOCAL 870 REGION ONE

"MINI"MEMBERSHIP CONFERENCE 2020

11TH ANNIVERSARY

****Forever Union, It's a New Day****

SUFFOLK EDUCATIONAL LOCAL 870

MARIA NAVARRO, PRESIDENT

LOCATION: East Wind Hotel/Spa Conference Center

Wading River, NY 11792 #631-929-3500

CSEA REGION ONE

NICK LaMORTE, PRESIDENT

DATE: Saturday—FEBRUARY 8, 2020

TIME: 9am-2pm

PLEASE NOTE: REGISTER EARLY: ONLY THE FIRST 600 MEMBERS WILL BE ACCEPTED. REGISTRATION TABLES OPEN AT 8:30am

Workshop Descriptions:

"There's Power in Numbers, it's More than a Slogan." Presented by: CSEA ORGANIZING, AMINATA STEPHENS AND JESSICA RILEY; Having a strong union means coming together with discussions on how to get better contracts to increase the quality of life for your family. When push comes to shove we will stand together to show our administrators that we support one another. Come find out what your union dues do for you! How you can unite with your co-workers and be part of the solution!

That's Funny: Presented by: Margaret Marshall- International Speaker, Author, Media Personality – Diffuse Tensions, Improve Wellbeing, and Enhance Relationships with Humor: Do you have a strained relationship either personally or professionally? Do you find some people difficult to be with, yet others are a joy to spend time with? Join Margaret Marshall to explore how to incorporate humor into your day to enable you, and those around you, to be more productive, happier, and healthier. Find out why laughter is crucial to your well-being. Can't tell a joke? No worries! This is not about joke telling. You'll see how simple it is to be humorous while you laugh through this workshop.

Contract Negotiations: Presented by: Long Island Region One Director Miquel Cruz: CSEA Suffolk County school districts are increasingly facing tough negotiations. This workshop will review the basic techniques of contract negotiations and how they apply in a mock negotiation session. We will also discuss the "team building approach to negotiations. MEET LABOR RELATIONS SPECIALISTS.

Member Benefits: LETS GO FISHING! Presented by Jessica LaFontaine; Member Benefits Specialist. In this interactive workshop you will learn the many participating providers CSEA has to offer. There will be a presenter from a variety of member benefits to explain exactly how you and your family can benefit from the many offers available to you because you are a CSEA member. **MEMBERSHIP HAS IT'S BENEFITS!**

"Stop the bleed": Presented by; Jane Meunier, This National Campaign is an essential training to keep workers in the know when it comes to a tragedy in today's workplace or anyplace, you may find yourself in a situation to help save a life! You will gain the ability to recognize a life threatening bleeding and intervene effectively. You will learn three quick actions to control a serious bleed. Take this life saving course and become empowered to make a life or death difference when a bleeding emergency occurs. Stop the bleed, Save a life campaign has trained over one million men and women, the goal is 200 million! The person next to the bleeding victim may be the one to save a life.

Retirement(All Tiers) Presented by Joseph Wojnicki - The New York State Comptroller's Office; This is an interactive program presented by an Information Representative from the NYSERS. Participants will learn the critical elements involved in the calculation of their pension benefits, what they can do to maximize these benefits and obtain information on how and when to contact NYSERS to obtain their specific information. Participants will also have the opportunity to ask questions related to pension benefits during and after the presentation. In addition to a verbal and Power Point presentation, participants will also receive a guide that covers pension information in more detail.

Health Insurance Update – Presented CSEA Health Benefits Department; Discuss current developments in the healthcare industry from both federal and state levels. Also participate in an interactive discussion about telemedicine as a benefit for our members and part time aides who don't have access to school district benefits.



EASTWIND "Mini" Membership Conference 2020

SUFFOLK EDUCATIONAL LOCAL 870
MARIA NAVARRO, PRESIDENT

CSEA REGION ONE
NICK LaMORTE, PRESIDENT

LOCATION: East Wind Hotel/Spa Conference Center
Wading River, NY 11792 631-929- 3500

DATE: Saturday February 8, 2020
TIME: 9am-2pm

PLEASE NOTE REGISTER EARLY - ONLY THE FIRST 600 MEMBERS WILL BE ACCEPTED. REGISTRATION Tables open at 8:30 am

WORKSHOP SESSION 1

PLENARY SESSION FOR ALL

(Please choose ONE morning workshop)

GENERAL SESSION

10:00 AM - 12:00 PM

- ___ THERE'S POWER IN NUMBERS
___ THAT'S FUNNY
___ CONTRACT NEGOTIATIONS
___ MEMBER BENEFITS
___ STOP THE BLEED
___ RETIREMENT
___ HEALTH INSURANCE UPDATE

- 12-12:45 *BUFFET LUNCH
12:45 -1:00 *WELCOME
1-1:30 *GUEST SPEAKER
1:30 -2:00 *RAFFLES

THIS CONFERENCE IS A BENEFIT TO DUES PAYING MEMBERS ONLY!

PLEASE PRINT NAME & ADDRESS CLEARLY. **We will be mailing your confirmation card from this information. It must be legible!

X
First Name Last Name Cell/Home Phone Number
X
Home Address Town Zip
School District: Job Title: CSEA ID#

Please Return no later than January 22nd
To: Maria Navarro, Local 870 President- Conference Registration
1731 Suite D North Ocean Avenue, Medford, New York 11763

Please choose one of the TWO options to register, do not duplicate *you may either Mail or Fax to: (631) 475-8740.
(Additional forms can be downloaded from the CSEA870.org website)

*YOU WILL RECEIVE A CONFIRMATION CARD IN THE MAIL ONE WEEK PRIOR TO THE CONFERENCE.



Welcome to East Wind Long Island

Relax and Enjoy...

Exclusively for you on Friday, February 7, 2020

Courtesy of The Spa & Salon

Spa Services for \$55 each with Gratuity Included!

- 25 minute Balancing Facial
- Spa Manicure & Pedicure
- 25 Minute Tension Reliever Massage
- Deep Conditioning Treatment with Blowout
- Cleanse, Cut, Create Hair Design

\$55 services are valid only on February 7, 2020 by appointment only. Spa service based on availability, May not be combined with any other offer. Must have flyer present at time of service to receive offer.

Enjoy another Rewarding Day for CSEA

Saturday, February 8, 2020

15% off A la Carte Services and 10% off products in the Spa Boutique

Valid on February 7 & 8, 2020 only. Must have flyer present at time of service or purchase to receive offer.

To schedule an appointment call 631.846.2339

EW
SPA & SALON
AT EAST WIND

**Donate Preschool Age supplies for
Long Island Head Start Pre-School Program
receive 2 FREE raffle tickets for a special prize drawing.**

Suggested NEW Preschool supplies

Crayons

Construction Paper

Craft Sticks

Glue

Paint

Sandwich Bags

Paint Brushes

Boxes of cookies

Painting Books

Paper Cups

Scotch Tape

Folders

Play Food

Educational Toys

White Paper Plates

Tissues

Pencils

Colored pencils

Coloring Books

Story Books

Washable Markers

Children's Scissors

Women's

Toiletries

*******MEMBERSHIP IS RIGHT*******

IT IS A NEW DAY

*** If you did not SIGN a membership card you are
NOT a dues paying member!**

**You MUST sign a membership card to become a
member!**