Turn out your lights! Saturday evening 27 March 2021

Even the smallest individual actions add up!

Every one of us has the power to make an impact to stop climate destruction and nature loss. Here is one more way: by turning out your electric lights and participating in the **EARTH HOUR** annual global event. This event will occur on Saturday 27 March**,** wherever you are in the world, at **8:30 p.m. (21.30) at your local time**. Grab a candle or a flashlight and turn off all the lights of your home to enjoy one hour of nature or candlelight. More information **here**. Take a picture and share it on all your social media.

This worldwide event, which began in 2007 in Sydney, Australia, and now encompasses over 7,000 cities in 187 countries, aims to raise awareness of our vast (and too often superfluous) consumption of energy, and the effect of light on our natural world. Night time is a necessary component for healthy life on our planet. Nocturnal wildlife, insects, even plants need night to survive and play their part in our ecosystem, so the least we can do is give it to them without our excessive electric lighting. Even we humans need night time to recalibrate and maintain our health. Using less light at night time can become a good habit to adopt. Most light comes from coal, gas, and oil. For more info to see **how the world's biggest cities go dark** during Earth Hour, visit https://www.earthhour.org/

PHOTO: NASA Earth Observatory