



## VEG PLEDGE

You get **THREE VOTES** for the **PLANET** every day!

Eating less meat and more healthy plant-based foods can help reduce the incidence of chronic preventable diseases, preserve precious land and water resources, and combat climate change.

 [Take the VEG PLEDGE here!](#)

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[View Recipe HERE!](#)

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### *Northern Arizona Climate Change Alliance (NAZCCA)*

A local *grassroots*, people-powered movement working to educate and empower all people to take action against climate change. We seek to bring people together to collectively speak up and influence change.

[www.nazcca.org](http://www.nazcca.org)



### *Slow Food Prescott*

Food represents a common language and universal right. Slow Food envisions a world in which all people can eat food that is good for them, good for the people who grow it and good for the planet.

[Facebook](#)  
[Join the Mailing List!](#)

## Resources:



### *NAZCCA Food, Land Use, & Health Working Group*

Create better food cultures in our communities and understand the interconnectedness of food, health, community & sustainability.

[Learn More \(upcoming events, resources, videos\)!!](#)

## Food Print Quizzes

[FoodPrint Quiz](#)

[BBC Climate Change Food Calculator](#)

[Food Carbon Emissions Calculator](#)

[How Does Your Diet Contribute to Climate Change?](#)

[Meat-Calculator to Evaluate the Environmental Impact of Meat Consumption](#)

[Harvard Foodprint Calculator](#)

A **foodprint** measures the environmental impacts associated with growing, producing, transporting, and storing our food — from the natural resources consumed to the pollution produced to the greenhouse gases emitted. [Earth Day Foodprint Calculator List](#)

**Project Drawdown:** [Food, Agriculture, and Land Use section](#)

**Meatless Monday:** <https://www.mondaycampaigns.org/meatless-monday>

**It Doesn't Taste Like Chicken:** <https://itdoesnttastelikechicken.com/>

**Post Punk Kitchen:** <https://www.theppk.com>

**Oh She Glows:** <https://ohsheglows.com/>

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## Contact Information:

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