



Optical Workers Local 81408

Dear Member,

The Staff at **Union Workforce Initiative** understands that our Union Members are facing more difficult issues this year than ever before, Covid mandates, changes in the workplace, increased workloads, and other outside forces may be altering the way that you approach your job and the world beyond your work environment.

If stress, anxiety, and behavioral/substance abuse health affect your already complex daily routines, there is help available to our members. **Union Workforce Initiative** offers a confidential, no cost consultation to all our members and their families 24 hours a day, seven days a week **(877-468-1416)**.

It's important to recognize the signs and symptoms of stress, which, if left untreated, can have a negative impact on an individual's health and job performance. Stress affects every aspect of your life - work, home, and family.

The **Union Workforce Initiative** has years of combined experience working with union members and their families and is ready to assist with issues such as:

- Drug & Alcohol Dependencies
- Prescription Medication Dependencies
- Addictions of All Kinds
- Stress & Anxiety-Related Conditions
- Job Discipline Problems Related to Behavioral Health
- Depression & Anger Management
- Family Problems/ Relationship Problems
- Grief & Loss Counseling
- DUI counseling and documentation
- Hostile Work Environment / Bullying

Call **1-877-468-1416** for more information or Visit **UWIUSA.com**
sponsored by Psyclarity Health

Union Workforce Initiative

Working in Cooperation with your
Association

Sincerely,

Jason Johnson
President

Stress Facts

- **43% of all adults suffer adverse health effects from stress.**
- **75-90% of all doctor's office visits are for stress related ailments and complaints**
- **Stress is linked to 6 leading causes of death, heart disease, cancer, lung ailments, accidents, cirrhosis of the liver and suicide.**
- **The occupational safety and health administration (OSHA) declared stress a hazard of the workplace.**
- **In terms of lost hours due to absenteeism, reduced productivity, and workers compensation benefits, stress cost American industry more than 300 billion annually.**
- **The lifetime prevalence of an emotional disorder is more than 50% often due to chronic untreated stress reactions.**

If you are interested in hearing how this legislation can help your members,
please call **1-877-468-1416**