



A Union of Professionals

AFT + MEMBER BENEFITS

AUGUST 2022



As an AFT member, you belong to a community of colleagues.

We understand the power of joining together—in our work, in our communities *and* in the marketplace. At the AFT, we have our own marketplace—AFT + Member Benefits—which combines the purchasing power of the AFT’s 1.7 million members with the benefit offerings of Union Plus, the AFL-CIO’s benefit arm. This gives you a rich array of discounts, services and benefits that go beyond the workplace. Many of these programs are available to family members, too.

In the last few years, we have added new benefits that meet the moment, such as free trauma counseling to support recovery from personal and workplace challenges, NewsGuard to help discern fact from fiction online, and Summer to minimize student loan repayments.

Whether for everyday necessities or splurges, check the AFT + Member Benefits offerings.

We're Here When You Need Us Most

From addressing trauma to helping you buy a home, the AFT is here for your most important needs.

Free Trauma Counseling

www.aft.org/members-only

See page 10

I am a nurse with 20 years in the infectious disease unit. During the spring and summer of 2020, my unit was 100 percent COVID. The amount of loss we experienced was unimaginable. My local president made me aware of the counseling benefit provided by the AFT.... I received three months of counseling with a therapist who specializes in trauma recovery. Without this assistance, I'm afraid I would no longer be a nurse. Thank you for providing this benefit!

—AFT Healthcare Member

I had suffered a traumatic brain injury from an assault at work. I cannot say enough good things about the counseling that I received.... I would highly recommend to anyone that has experienced any kind of trauma to utilize this program to help in the healing process.

—New York State United Teachers Member

Last year, I was faced with the loss of two students. The grief was unbearable, and I began to suffer both emotionally as well as physically. I found out about the trauma counseling benefit while browsing the union's website and was quickly connected to a counselor. The therapy I received was transformative and truly saved my life.... The in-take process was seamless, and the hardest part was simply making the call and acknowledging I needed help.

—AFT Higher Education Member

Summer: Simplifying Student Debt

www.aft.org/benefits/summer

See page 3

After paying continuously for 16 years and getting rejected twice, I assumed I had no chance of receiving loan forgiveness and that I would be paying student loans even after retirement. Then I saw a mention of Summer in one of the [union] newsletters. With Summer, I finally got the PSLF [Public Service Loan Forgiveness] on Dec. 23.... I feel \$68,000 richer.

—AFT Higher Education Member

Pet Insurance

www.unionplus.org/AFTpets

See page 10

The Union Plus Pets Best plan has the best coverage of all the pet insurances we looked at. It's foolish not to use discounts to good programs when you can. United University Professors Member

—United University Professors Member



EDUCATION

Summer: Simplifying Student Debt

www.aft.org/benefits/summer

Get introduced to Summer, the AFT's *free* member benefit for student debt management. *With the temporary expansion of the federal Public Service Loan Forgiveness program currently set to expire on Oct. 31, 2022*, it is more important than ever to have Summer's trusted team of student loan advisors on your side to help you identify repayment options that fit your needs and to help you confidently complete the PSLF application process before the deadline.

Summer is a trusted online platform that can help you sum up, simplify and navigate your student loan situation. Summer specializes in enrolling borrowers in income-driven repayment plans and keeping them on track for Public Service Loan Forgiveness and other federal, state and private loan assistance programs to minimize the stress and burden of student loan debt. Don't wait; sign up with Summer today.

NewsGuard

newsguardtech.com/AFT

NewsGuard is a free online browsing tool that the AFT provides to help members assess the reliability of online news and information. NewsGuard helps readers distinguish between fact and fiction and discloses ownership, financing and potential conflicts of interest by content providers.

AFT Robert G. Porter Scholars Program

www.aft.org/scholarships

AFT members and their dependents are eligible to apply for union-sponsored scholarships toward postsecondary education.

Union Plus Scholarship Program

www.aft.org/scholarships

Since 1991, this program has awarded more than \$5 million to members and their families who want to begin or continue their postsecondary education.

Student Debt Clinics

www.aft.org/debtclinic

www.forgivemystudentdebt.org

email: debtclinic@aft.org

Learn about the landscape of free and underused federal programs that help many student loan borrowers lower their monthly payments and, in some cases, even have their debt forgiven.

Share My Lesson

www.sharemylesson.com

Browse for lesson plans, ideas and best practices—and add your own; join free professional development webinars; and access thousands of standards-aligned lesson plans and activities for toddlers through higher education.



FINANCE AND LEGAL

Personal Loans

www.unionplus.org/loans

855-578-8704

Take control of your financial future by consolidating your high-interest credit cards and revolving debts with a personal loan that features no hidden fees and one predictable monthly payment.

AFL-CIO Employees Federal Credit Union

www.aflcioefcu.org

This full-service financial institution provides checking, savings and money market accounts with no monthly fees. Members can apply for personal loans, auto loans and mortgages, and can enjoy more benefits by becoming a credit union member. Accounts in credit unions are federally insured up to \$250,000.





Credit and Budget Counseling

www.unionplus.org/creditcounseling

877-833-1745

Certified nonprofit credit counselors are available 24 hours a day to help AFT members with confidential financial guidance. Get started with a free consumer credit counseling session.

Credit Cards

www.aftcard.com

800-522-4000

The AFT + credit card program has three credit card options that AFT members can apply for. All have no annual fee and include special safety net features in the event of a layoff, disability, strike or natural disaster.

Legal Services¹

unionplus.org/legal

Choose from two levels of legal savings: a prepaid legal plan with full coverage on a wide range of services, or free access to a discount legal plan that includes a half-hour consultation.

STAYING HEALTHY

Dental Services and Discounts

www.unionplus.org/dental

Save 20 to 50 percent on everything from routine visits to major dental procedures with one of the largest national dental networks. Save on routine care, including exams, cleanings and fillings, as well as major work, including root canals, crowns and dentures.

Advantage Health Plan

www.unionplus.org/dental

In addition to dental savings, the Advantage plan offers discounts on chiropractic services, alternative medicine, podiatry and diabetes supplies.

Vision Services and Discounts

www.unionplus.org/vision

Save on eye care with your choice of two levels of insurance plans that provide vision coverage for lower out-of-pocket costs, plus a free discount vision plan.

Hearing Services

www.unionplus.org/hearing

877-839-8117

You and your family can save over 40 percent on premium hearing aids at providers near you by making your appointment through the Union Plus hearing program webpage or toll-free number. You'll receive free hearing exams, free follow-up care and free batteries.

Prescription Discount Card

unionplus.org/rx

Download a free discount RX card and save up to 65 percent on the retail price for brand-name and generic drugs.

DISCOUNTS AND SHOPPING

Medical Alert Monitoring Systems¹

aft.org/lifestation

800-799-0061

Whether you are a caregiver for an aging loved one or want to make sure you have quick access to help if needed, LifeStation's suite of medical alert technology can help. A nationally recognized provider that sends help at the push of a button within minutes, LifeStation provides AFT members with an exclusive discount for 24/7/365 emergency monitoring. Choose from in-home or mobile solutions that fit your family's needs.

AT&T Wireless

unionplus.org/AFTatt

Code: 3508840

Save 15 percent on the monthly service charge for qualified Mobile Share and Family AT&T wireless plans, save up to \$10 per line on Unlimited Elite plans, save 20 percent on select accessories, and get activation fees waived on select devices for new lines of service. All from AT&T—the only nationwide unionized wireless company.

Cash Back Shopping

unionplus.org/cashback

Earn cash back and stack coupon savings at over 5,000 online retailers when shopping with BeFrugal.

Dansko Footwear

aft.org/members-only

Dansko, a brand known for quality, comfort and style, offers AFT members a 25 percent discount through a special members-only link.

Dell Computers

aft.org/members-only

Need to upgrade your computer? Do the kids need a laptop for school/college? Want to enhance your gaming setup for the best experience? In addition to exclusive monthly offers and the Dell Rewards Program offering 3 percent back and free shipping, AFT members will have access to exclusive savings of 10 percent off select computers and Dell monitors and accessories through a special members-only link to Dell.com.

DinnerTime

dinnertime.com/content/AFT

Serve up some stress-free happiness at your dinner table. DinnerTime is an incredibly powerful meal planning solution, built to satisfy your tastes, your budget and your lifestyle. AFT members can get a free month trial and receive a 40 percent discount. Save time and money and enjoy delicious, healthy meals the whole family will love.

Everyday Discounts

unionplus.org/discounts

Save on local shopping, dining and services, including auto care, groceries, movie tickets and more. There is a mobile app for easy access to savings on the go.

Magazine Subscriptions

buymags.com/AFT

800-877-7238

AFT members receive special discounts on a huge selection of popular magazines. Subscribe now to member favorites like *The New Yorker*, *Time*, *People*, *Sports Illustrated* and much more. Renew the magazines you enjoy today or treat a family member to a gift subscription you know they will love.

Office Depot/Office Max

aft.org/members-only

Members can register for special savings on everything from classroom materials to office supplies, printers, accessories and more. Once registered, savings are available online or at stores. Free overnight delivery on orders of \$50 or more.

Powell's Bookstore

aft.org/powells

Powell's Bookstore in Portland, Ore., is the largest independent, unionized bookstore in the country (ILWU Local 5).

Teleflora Flowers and Gift Baskets

www.unionplus.org/flowers

888-667-7779



Save up to 30 percent on flowers, gift baskets and plants through Teleflora and have them delivered anywhere in the world by local florists—100 percent satisfaction guaranteed.

INSURANCE

Accidental Death and Dismemberment Insurance

www.aft.org/ADD

All AFT members—working and retired—have a \$5,000 Accidental Death and Dismemberment policy paid for by the AFT. For working members, if a covered injury or death occurs as a result of a workplace accident, the policy provides extra benefits. Fair share payers do not have this coverage.



No-Cost Term Life Insurance for New Members²

www.aftbenefits.org

888-423-8700

New first-time AFT members are entitled to \$5,000 of term life insurance coverage with MetLife for one year at absolutely no cost to you. New members must complete and submit the application for this coverage in the first 12 months of membership.

Auto and Home Insurance¹

www.farmersinsurancechoice.com/aftbenefits

877-AFT-9638 (877-238-9638)

You have special access to personalized auto and homeowner's insurance. Quickly and easily compare and save with multiple quotes from highly rated carriers all in one place—in just minutes. Plus, save even more when you bundle auto and home policies together.

Renters Insurance¹

www.farmersinsurancechoice.com/aftbenefits

877-AFT-9638 (877-238-9638)

Savings for renters from Farmers Insurance—your single source for finding the right coverage at the right price. Plus, save even more when you bundle auto and renters policies together.

Term Life¹

www.aftbenefits.org

888-423-8700

Life insurance that fits into your financial puzzle to supplement life insurance you already have or to help ensure your family's short- and long-term needs. Find a range of coverage amounts for yourself, your spouse/ domestic partner and your dependent children from the Metropolitan Life Insurance Company.

Senior Term Life¹

www.aftbenefits.org

888-423-8700

Members and their spouses or domestic partners (ages 55-74) can get economical senior term life insurance to help pay final expenses and ensure peace of mind. Not available in Montana or Washington state.

Disability Income¹

www.aftbenefits.org

888-423-8700

Make sure you and your family can sustain a gap in income if a serious illness or accidental injury prevents you from

working. The AFT's Disability Income Insurance Plan helps preserve your lifestyle if you suddenly cannot work due to a covered disability.

Free Trauma Counseling

www.aft.org/members-only

The AFT trauma counseling program is available to working members free of charge, in the one-year aftermath of a covered traumatic incident. You are covered 24 hours a day, 365 days a year, if your incident involves any of the following: domestic violence, aggravated assault, sexual assault, mass shooting or terrorism, or if you are infected, injured or traumatized by a disease during a major disaster. Coverage extends to your place of work if you are traumatized by being bullied, harassed or threatened; experience a secondary trauma; witness a violent act; or contract an infectious disease. If you are unsure whether your incident qualifies, we encourage you to file a claim for services.

Pet Health Insurance¹

www.unionplus.org/AFTpets

877-358-3944

Get peace of mind as a pet parent. We've partnered with Pets Best, a leading U.S. provider, to offer pet insurance plans to AFT members. Pet insurance reimburses you on your veterinary bills when your dog or cat gets sick or injured.

TRAVEL

Hilton Hotels

www.aft.org/hotels

AFT members receive up to 12 percent off rates at the Hilton chain hotels. Advance booking through the program website is required.

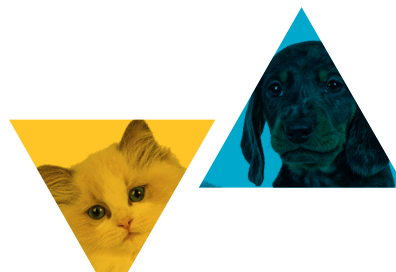
Wyndham Hotels and Resorts

www.aft.org/hotels

877-670-7088

Code: 8000000297

With more than 9,000 participating hotels nationwide, you can save up to 20 percent on your next adventure. Advance booking through the program website or toll-free number with the code is required.



Car Rental

www.unionplus.org/carrentals

COMPANY	TELEPHONE	CODE
Avis	800-698-5685	B723700
Budget	800-455-2848	V816100
Dollar	800-800-4000	3042236
Hertz	800-654-2200	205666
Payless	800-729-5377	A071900
Thrifty	800-847-4389	3042238

Save up to 25 percent on car rentals so that you can go wherever life takes you.

Southwest Airlines³

www.aft.org/members-only

Now that AFT members are eligible for discounted travel on Southwest Airlines, there's never been a better time to take a trip. Access is through a link on the AFT members-only webpage.

Vacation Tours

www.unionplus.org/tours

844-868-2685

Take the vacation of your dreams. Save on travel destinations around the world when you experience guided travel with Collette using your AFT discount.

Theme Parks

www.unionplus.org/entertainment

We've got savings for the kids and the kid in all of us at theme parks across the country. Requires advance reservations and payment through the website.

MORTGAGES AND HOME SERVICES

Amalgamated Bank Mortgage

www.amalgamatedbank.com/AFT

800-701-8409

This program features competitive interest rates, exclusive discounts, refinancing solutions and a program to help first-time buyers (not yet licensed in all states; see website for more information).

Real Estate Program

www.unionplus.org/realstate

800-284-9756

By working with pre-screened real estate agents, members can earn \$500 for every \$100,000 in home value after closing. Cash back not available in all states. See website for exclusions and limitations.

Save My Home Hotline

www.unionplus.org/savemyhome

866-490-5361

Members facing foreclosure or mortgage issues can make a free call to a hotline staffed by HUD-trained counselors, 24/7. The program provider is a nonprofit consumer credit counseling agency and a reputable source of consumer advice.

Professional Moving Discounts

www.unionplus.org/movingvans

North American Van Lines: 888-813-9595

Members get discounts on interstate moving, packing and in-transit storage.

Hertz Vans and Trucks Rental

www.unionplus.org/hertztruck

800-654-2200

Code: 205666

Save up to 25 percent on Hertz vans and trucks at participating locations.

Budget Truck Rental

www.unionplus.org/budgettruck

800-561-1157

Code: 56000127763

Get 20 percent off do-it-yourself moves when you reserve in advance.



Auto Buying

www.unionplus.org/autobuying

Receive pre-negotiated, upfront best-market pricing on new cars and trucks without having to negotiate with the dealer. There is no cost to access the program. Receive a \$100 rebate from Union Plus when buying a new union-assembled vehicle.

HARDSHIP HELP

Union Plus Hardship Help

www.unionplus.org/hardship

Union Plus offers special union member protections when times are tough. Participants in the Union Plus mortgage, credit card, personal loan or supplemental insurance programs may be eligible for additional hardship assistance through our Union Plus hardship programs when experiencing a qualifying job loss, disability, strike, natural disaster or other hardship.

Notes

¹ New York State United Teachers members have similar programs through NYSUT Member Benefits Trust. To obtain more information about these plans, members can call 800-626-8101.

² Retirees, agency fee payers and New York State United Teachers members are not eligible for this coverage.

³ Southwest's "Wanna Get Away" fares are discounted only on select routes.

DISCLOSURES

The AFT has numerous endorsed programs listed in this brochure for which it receives expense reimbursements. All payments to the AFT are used solely to defray the costs of administering the AFT + Member Benefits programs and, where appropriate, to enhance them.

QUESTIONS

aftplus@aft.org

202-393-8643

Toll Free: 800-238-1133, ext. 8643

AFT + Member Benefits

Many of the AFT's benefits are provided through Union Plus, the AFL-CIO's benefit arm. The programs listed in this brochure are current as of August 2022. Visit aft.org/benefits for new programs and enhancements.



Randi Weingarten

PRESIDENT

Fedrick C. Ingram

SECRETARY-TREASURER

Evelyn DeJesus

EXECUTIVE VICE PRESIDENT



A Union of Professionals

American Federation of Teachers, AFL-CIO
555 New Jersey Ave. N.W.
Washington, DC 20001
202-879-4400



August 2022